

PREVENTION SERVICES



HELPING SERVICES
for Youth & Families



Pictured above a youth leadership group, a local retailer with TIPS certificate, signage for a nicotine-free workplace policy

We believe prevention initiatives create healthy, safe communities. We focus on preventing alcohol misuse, tobacco and illicit drug use, and problem gambling. We partner with communities, businesses, and youth to create that positive change.

"I'm a part of my high school youth leadership group because I want to make a difference in my school and community."

—High School Student

• WAYS WE CAN PARTNER WITH YOU •



ALCOHOL RETAILER TRAINING

TIPS Alcohol Training enhances the skills of those who sell/serve alcohol to prevent intoxication and underage drinking by instilling knowledge and confidence.



COMMUNITY COLLABORATION

Each community has unique needs. To address these, we participate in coalitions. Community members, healthcare, law enforcement, and many others come together to focus on making their home towns healthier, safer, and stronger.



POLICY DEVELOPMENT

Schools and businesses receive assistance in strengthening nicotine and drug-free workplace policies along with best practices.



PRESENTATIONS & TRAINING

Groups can also request our staff to come present about local substance use trends, problem gambling, and Iowa resources.



YOUTH

Education and high school youth leadership groups to empower youth to make a positive impact in their school and community.

Youth mentoring connects youth with volunteer role models helping the youth aspire and achieve to their fullest potential.

• LET'S CONNECT •

563-387-1720 • info@helpingservices.org

Visit our website to find details on these services.

[HELPINGSERVICES.ORG/PREVENTION](https://www.helpingservices.org/prevention)

Use your skills or passion to reduce substance misuse and problem gambling by volunteering.

