
SERVING NORTHEAST IOWA SINCE 1973



We are dedicated to responding to health and safety needs through empowerment, support, and education. Our priority is to come alongside families and work with communities to address concerns and encourage local solutions.

She [family educator] not only comes to assess our child's development and gives us activity ideas for our child, but she is here for me, too!" —Family Education Client

• DOMESTIC ABUSE ADVOCACY •

Advocates work with survivors to help them get to safety, process a traumatic event, and live life knowing they are not to blame.

- 24/7 Resource Line, 1-800-383-2988
- Adult, Teen, and Child Advocacy
- Emergency Assistance and Pantry Supplies

• FAMILY EDUCATION •

Families and communities of all configurations, incomes, and situations are shown ways to build maximum child development, positive parent-child interaction, and involved neighborhoods.

- In-Home Family Education
- Child Abuse Prevention Events and Campaigns
- Car Seat Checks

• SUBSTANCE USE PREVENTION •

Local parents, youth, government, and businesses are prepared to stop the future misuse and illegal use of alcohol, tobacco, other drugs, and problem gambling.

- Community Presentations
- Business Trainings
- School Programs
- Policy Development
- Awareness Campaigns

• YOUTH MENTORING •

Volunteer role models equip youth to aspire, achieve, and develop to their fullest potential.

- Role Models for Area Youth
- One-on-One Support
- Group Events and Trainings

• LET'S CONNECT •

563-387-1720 • info@helpingservices.org

Visit our website to see upcoming events, donate, or find details on these services.

