

YOUTH MENTORING



Remember growing up? Who helped you make healthy choices, build self-esteem, and made you laugh?

Mentoring connects a youth with a responsible adult to form a healthy friendship, helping the youth aspire and achieve to their fullest potential.

• LET'S CONNECT •

Reach out to Madison to get started!

Questions or to volunteer: 563-379-3454

mklosterman@helpingservices.org

Serving Delaware and Southern Fayette Counties

ROLE MODELS FOR AREA YOUTH

Trained and screened volunteers called mentors, spend a minimum of four hours a month having fun and encouraging youth. Mentors can be an individual, a couple, or a whole family. Mentors can spend time with their youth in the community or at their school.

YOUTH INVOLVEMENT

Youth (ages 6 to 16), called *mentees*, are paired with a mentor who shares their interests. The youth gain new skills and experience opportunities they may not otherwise have.

DELAWARE COUNTY PROGRAMS

Mentoring matches are invited to join other local matches at group events. These fun events may include playing games, attending sporting events, or visiting local attractions.

- **Community-based mentoring** is where the mentor and mentee spend time together outside of school hours doing activities and group events that are of interest to the match.
- **School-based mentoring** is where the mentor and mentee spend time together during school hours eating lunch together, playing games, etc.
- **After-school mentoring** is held at West Delaware on Wednesdays after school during the school year.

SOUTHERN FAYETTE CO. PROGRAM

- **School-based mentoring** is where the mentor and mentee spend time together during school hours eating lunch together, playing games, etc.

YOUR
EVERYDAY RESOURCE
YourLifelowa.org

