

BOWLER & DONOR INFORMATION



\$500 SPONSORS

**The Allamakee County
Attorney's Office &
The Allamakee County
Sheriff's Department**



YOUTH MENTORING



2024 Bowl-A-Thon



Paul D. Hudson

563-382-4512

www.paulhudson.biz

\$300 SPONSORS



WWW.HELPINGSERVICES.ORG/YMBOWL



BOWL-A-THON PROCESS



REGISTER TO BOWL

Register by March 15 to get the time slot you prefer: 12:00 p.m. or 2:00 p.m. You can register yourself or multiple bowlers at www.helpingservices.org/ymbowl.

COLLECT DONATIONS

Each bowler is asked to collect or donate at least \$25 to support mentors and mentees, as they make and build their mentoring friendships.

BOWL ON SATURDAY, MARCH 23

Bring your fundraising sheet and donations to King Pin Entertainment Center in Decorah! Please plan to arrive 15 minutes prior to your bowling time to check in, get your shoes, and select your lucky bowling ball!

* This event is nicotine-free and alcohol-free.

\$100-\$250 SPONSORS

Bear Creek Archeology
Copyland
Cresco Building Supply
CUSB Bank
Decorah Lion's Club
Driftless Integrative Psychiatry
Don's Towing
Gundersen Health System
Kwik Star/Kwik Trip
Light Source Central
Perry & Wendy Novak
Regional Health Services of Howard County
Melissa Lea Reicks Foundation
Mississippi Welders
T-Bock's Sports Bar & Grill

FUNDRAISING SHEET

Thank you for supporting the mentoring mission. Donations benefit youth in Allamakee, Howard, and Winneshiek County.

Each bowler is asked to collect a minimum of \$25.
To donate online go to
www.helpingservices.org/ymbowl



Name: _____

Email: _____ Phone: _____

Gifts are tax deductible. All who give \$10 or more will be sent a thank you letter.
Each donor's postal address is greatly appreciated.

	Donor's Name	Address/City/Zip	Amount
<input type="checkbox"/>			
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Check the box if you would like information about becoming a mentor.

Total Donations:

Please make checks payable to Helping Services for Youth & Families. Write "Mentoring BAT" in the memo.

WHY THE BOWL-A-THON?

1 The funds raised during the bowl-a-thon allow bowlers and donors to pay it forward and to empower youth.

2 The money donated is invested in youth in your community by providing them with a mentor.

3 ALL funds support things like:

- mentor activities
- mentor recruitment
- background checks
- events and trainings



YOU ARE NEEDED!

BE A FRIEND. BECOME A MENTOR!

- four hours a month
- one year commitment
- community-based or school based

Male mentors are especially needed!

OTHER WAYS TO GET INVOLVED:

- sign your youth up for a mentee
- join a county steering committee

Contact Colinne or Kathy 563-387-1720
or email mentoring@helpingservices.org



ABOUT THE CAUSE

Youth Mentoring's goals:

1. Have positive relationships with others
2. Increase their self-esteem
3. Maintain or strengthen their ability to resist use of alcohol, tobacco, and other drugs
4. Maintain or strengthen their ability to resist being involved in problem gambling
5. Be hopeful about their future
6. Increase or enhance their positive attitude towards school
7. Provide opportunities to enhance their social skills
8. Provide opportunities for new experiences