

**PIZZA & POOL PARTY FAMILY EVENT**

Sunday, August 14 from 7:00-9:00 p.m., mentors, mentees, Mentors For A Day, steering committee members, and family members are invited to a pizza & pool party.

We will have the entire Decorah Municipal Swimming Pool to ourselves. Bring your swimwear, towels, and sunscreen. We will swim, share a meal together, socialize, and have fun. This event is open to ALL family members.

Please RSVP by Monday, August 8. When you RSVP, please do so for ALL family members attending so we can plan accordingly.

**VOTES ARE IN**

Ballot results for voting on upcoming events and trainings are counted and finalized. Youth Mentoring collected 42 ballots. We received 22 from Allamakee County, 5 from Howard County, and 15 from Winneshiek County.

The top five events are

1. Go to the Humane Society/Go-karting
2. Play miniature golf
3. Ride the Riverboat in LaCrosse
4. Go to a water park/Hike & picnic at Backbone State Park
5. Do some archery/Visit Effigy Mounds

The top three training topics are:

1. Internet Safety: Tik Tok & other applications
2. Helpful resources from YourLife Iowa
3. What's trending with marijuana use and abuse

Now, Steering Committees in each county will take your votes and determine the upcoming year's events and trainings. **Thank you for your participation!**



Annastacia and Kira soaked up some vitamin D at Upper Iowa Resort.



**CALENDAR OF EVENTS**

August 11

- Tasty Thursday, 5:30-6:30 p.m., Landing Market, 211 College Drive, Decorah

August 14

- Pizza & Pool Party Family Event, 7:00 -9:00 p.m., 701 College Dr., Decorah

**STEERING COMMITTEE MEETING**

August 22

- MY Club, 4:00-5:00 p.m., zoom: <https://uso2web.zoom.us/j/82483450051>



**WILL YOU BE MY MENTOR?**

*Hi! I am April and I am 6 years old. I live in Castalia. I like singing, dancing, coloring, and painting. I want to be a teacher, or a doctor, or a cheerleader when I grow up.*

*I am Lonnie. I am 12 years old and I live in Waterville. I LOVE sports. I like baseball and basketball. I want to be a baseball player or an accountant when I grow up.*

Contact Kathy or Colinne today or go to [www.helpingservices.org/mentoring](http://www.helpingservices.org/mentoring)

This is a publication of Youth Mentoring at Helping Services: Allamakee Mentoring Program, Building Bridges Through Mentoring, and MY Club.



Allison and Savannah found a tiny turtle at the July group event at Upper Iowa Resort. It was the perfect venue for cooling off and grilling!

### PONDERING QUESTION

How would your goals for the future be affected by using illegal drugs?



IOWA  
DEPARTMENT  
OF PUBLIC  
HEALTH

Check out resources for alcohol, drugs, problem gambling, suicide, mental health, and more at: [www.yourlifeiowa.org](http://www.yourlifeiowa.org)



HELPING SERVICES  
for Youth & Families

### YEAR LONG PERMISSION SLIPS

We love offering group events to mentees and waiting youth. We also like to make attending events easy for mentors, mentees, Mentors For A Day, and parents/guardians. One way we can work together to make attending events easy is by completing annual year-long permission slips.

Please fill out a permission slip for each child in your household that is in a mentoring friendship or is on the waiting list. Permission slips will be available at the August 14 Pizza & Pool Party and can be found enclosed with this newsletter.

Please fill out the information, sign, and return slips in a timely manner. Thank you for assisting us in making attending mentoring group events easier.

### SUMMER ACTIVITIES

Hot summer days are here. If you find yourself struggling to keep active, remember to keep it simple. Simple activities like biking, hiking, fishing, canoeing, kayaking, swimming, playing at parks, catching fireflies, playing catch, tubing, going on picnics, enjoying ice cream, or attending local fairs can be great.

Prefer to be inside with the cool air; you can still keep those summer activities simple. Do activities like playing cards, playing board games, doing puzzles, building indoor forts, making popsicles, sewing, going to the movies, visiting local libraries, volunteering at a nearby pet shelter, or bowling.

Hot summer days will be gone before we know it. Take time to enjoy some or all of the above simple summer activities.

### LA CROSSE QUEEN RIVERBOAT GROUP EVENT

Mentors, mentees, waiting youth, Mentors For A Day save Sunday, September 18 from 4:00-5:30 p.m. for a La Crosse Queen Riverboat ride and meal down the Mississippi.

We need thirty people to make this event happen. We will tour the Mississippi, play games, and enjoy a meal together.

Please RSVP by Monday, September 12. Mentors For A Day are needed.

### MENTORING STAFF

Kathy Schwartzhoff (she/her)  
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