

DRIVE-IN MOVIE EVENT

Mark your calendars for Friday, May 13 from 7:45-9:45 p.m. (movie starts at 8:00.) Youth Mentoring is having a drive-in style outdoor movie night in Decorah at the Winneshiek County Midway (fairgrounds).

Mentors, mentees, waiting youth, and Mentors For A Day are invited to this event. We will be showing *Willy Wonka and the Chocolate Factory* (1971). Popcorn, hot dogs, water, and movie-themed treats will be provided! The movie is approx. 1 hour 40 minutes long.

Enjoy the movie while sitting in your vehicle or bring your own lawn chairs and watch this classic flick under the stars.

RSVP by Monday, May 9. Mentors For A Day are needed.



CALENDAR OF EVENTS

May 12

- **Tasty Thursday**, 5:30-6:30 p.m., Landing Market, 211 College Drive, Decorah

May 13

- **Drive-In Movie Event**, 7:45-9:45 p.m., 900 E. Main St., Decorah

May 18

- **Vaping 101 Training**, 12:00-1:00 p.m, Zoom: www.bit.ly/VapingTraining

May 19

- **Vaping 101 Training**, 5:30-6:30 p.m., Zoom: www.bit.ly/VapingLink

May 25

- **Your Life Iowa Training**, Noon-1:00 p.m., Zoom: www.bit.ly/SpringYLI

STEERING COMMITTEE MEETING

May 23

- **Allamakee Mentoring Program**, 4:00-5:00 p.m., NICC/WWC, 1220 3rd Avenue NW, Waukon
Zoom: <https://bit.ly/3r1Wttz>

VAPING AND YOUR LIFE IOWA TRAININGS

In May, there will be three training opportunities for mentors, parents/guardians, and friends of mentoring to learn about two important topics, vaping and Your Life Iowa.

On Wednesday, May 18, Kathy Schwartzhoff will host a Noon to 1:00 p.m. session via Zoom on Vaping 101. On Thursday, May 19, Sam Jennerjohn, the Delaware County mentoring coordinator, will host from 5:30-6:30 p.m. Both presentations will have the same information, hosted by two different presenters to give you a better opportunity to attend. Links to register for the trainings and to attend them are below.

On May 25, Kathy and Sam will co-host to share with everyone about the resources offered by Your Life Iowa. Your Life Iowa is an everyday resource in the areas of drugs, alcohol, gambling, suicide, mental health, and more. We hope you will join us!

Vaping 101, May 18-Pre-register at: www.bit.ly/Vaping101reg

Join at: www.bit.ly/VapingTraaining

Vaping 101, May 19-Pre-register at: www.bit.ly/Vaping101reg

Join at: www.bit.ly/Vapinglink

Your Life Iowa, May 25-Pre-register at: www.bit.ly/YourLifelowa2

Join at: www.bit.ly/SpringYLI



**NOW IS THE TIME TO BECOME A MENTOR.
CHECK OUT THIS MENTOR MINUTE .**

I'm glad to have the opportunity to help bring a positive influence to a youth.

-Winneshiek County Mentor

Contact Kathy or Colinne today or go to www.helpingservices.org/mentoring

This is a publication of Youth Mentoring at Helping Services: Allamakee Mentoring Program, Building Bridges Through Mentoring, and MY Club.



IOWA
DEPARTMENT
OF PUBLIC
HEALTH

IT'S TIME FOR SPRING SURVEYS

Youth Mentoring needs your feedback. Twice per year mentees are asked to complete our survey. These surveys measure our eight youth goals. Once per year, mentors and parents/guardians are also asked to complete surveys. Mentors and parents/guardians if you did not complete yours in the fall watch emails for a link or mail for a survey. Please complete the survey promptly and return.

Mentees who are assigned to Colinne, she will be sending your surveys in the mail for you to complete and return. Please complete the survey promptly and return. Kathy's mentees **MUST** complete these surveys in person per the funders request. Surveys will be available at the Decorah office as well as all upcoming events.

JUNE TRAINING TO LEARN ABOUT PEER PRESSURE

In June, there will be a training opportunity for mentors, parents/guardians, and friends of mentoring to learn about peer pressure. It will be facilitated by Sam Jennerjohn, the Delaware County Mentoring Coordinator.

As adult role models for youth, there is a unique opportunity to have one-on-one conversations with youth to help them as they are pressured to engage in risky behaviors.

Attend the training to be reminded of the many tools you already carry in your "talking toolbox" and to begin carrying a few new ones.

Watch upcoming flyers and the newsletter for further details.

COMO PARK ZOO & CONSERVATORY GROUP EVENT

"Lions, Tigers, and Bears Oh, My"; save the day Saturday, June 11 for an all day trip with mentoring to Como Park Zoo & Conservatory. We will leave the Decorah office by 8:00 a.m. and return by 6:00 p.m.

Mentors, mentees, waiting youth, and Mentors For A Day are invited to join on this adventure-filled day. We will explore the zoo, enjoy meals together, and have lots of fun. Transportation will be provided for the group, watch upcoming newsletters and flyers for more details.

RSVP by Monday June 6. Mentors For A Day will be needed.

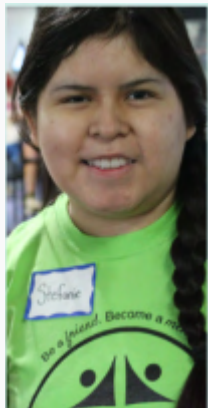
MENTORING STAFF

Kathy Schwartzhoff (she/her)
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Colinne McCann (she/her)
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I have absolutely loved my senior social work field placement in Youth Mentoring! I've gotten to see so many aspects of the job and see my social work coursework come to life. I love the work environment, collaborative opportunities, and variety of events, trainings, and meetings I got to participate in! I can see that Youth Mentoring is making a huge impact on not only the mentees, but also their mentors. In the future, I would love to work in a youth

mentoring program. I couldn't have asked for a better practicum experience!--Stefanie Maas, Mentoring Intern

PONDERING QUESTION

What do you do when someone you know is doing something wrong, like cheating, stealing, or smoking?



Youth Mentoring participants enjoyed hiking and geocaching at Eagle Bluff Educational Center.



HELPING SERVICES
for Youth & Families