

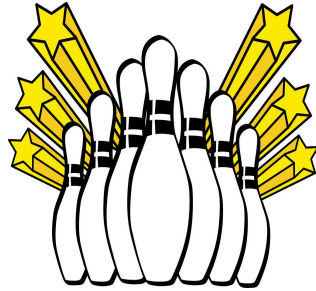
Why the Bowl-a-thon?

EMPOWER youth by raising funds that support programs!



These friendships are inspiring youth to spread kindness, be leaders, and to be positive members in our communities.

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- ★ VOLUNTEER BACKGROUND CHECKS ★
- ★ EVENTS & TRAININGS ★
- ★ MENTOR ACTIVITY REIMBURSEMENT ★
- ★ VOLUNTEER MENTOR RECRUITMENT ★
- ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★



These dollars are transformed into tools to give youth in your county a safe, rich relationship with a role model.

ABOUT THE CAUSE

FIVE GOALS MENTORING HELPS YOUTH ACCOMPLISH

1. Have positive relationships with peers and other caring adults.
2. Increase their self-esteem.
3. Increase or maintain their ability to resist the use of alcohol, tobacco, and other drugs.
4. Be hopeful about their future.
5. Increase or enhance their attitude toward school.



Mentoring is simply being a friend to a young person. Mentors are everyday heroes youth can trust, look up to, and have fun spending time with. It takes four hours a month to invest in this friendship.

This fundraiser provides trainings, events, and other things, like background checks for new mentors.

If you would like to become a mentor, sign up your child for a mentor, or further support the mentoring mission, contact Kathy, 563-387-1720 or kathys@helpingservices.org.

BOWLING PACKET



YOUTH MENTORING BOWL-A-THON
ARROWHEAD LANES, WAUKON • MARCH 24, 2018

BIG DIFFERENCE SPONSOR- \$500 LEVEL



**STEVE & ALISON
ELWOOD**

MAKE A DIFFERENCE SPONSORS-\$300 LEVEL



WWW.HELPINGSERVICES.ORG/YMBOWL

BOWL-A-THON PROCESS

- 1. REGISTER TO BOWL.** Register by March 16 to get the time slot you prefer: 1:00, 3:00, or 5:00 pm. You can register yourself or multiple bowlers. Register online at WWW.HELPINGSERVICES.ORG/YMBOWL, or call Kathy, 563-387-1720.
- 2. COLLECT DONATIONS.** Each bowler is asked to collect at least \$50 to support mentors and mentees, as they form and build their relationship. Help us reach our goal of raising \$5,000.
- 3. BOWL ON SATURDAY, MARCH 24, 2018.** Bring your fundraising sheet and donations to Arrowhead Lanes in Waukon. Arrive 15 minutes prior to your bowling time to check in, get your shoes, and select your bowling ball. Thank you for supporting mentoring. Have fun bowling!

This is a tobacco-free and alcohol-free event.



CREATE AN ONLINE FUNDRAISING PAGE

If you'd like to ask your relatives who live far away, or your mom's friends on Facebook to help you raise even more dollars for mentoring, you can set up your own online fundraising page.

- 1 VISIT**
www.helpingservices.org/YMBOWL
- 2 CLICK**
SETUP YOUR OWN FUNDRAISING PAGE

MATCHMAKER SPONSORS- \$100 LEVEL

ALUM-LINE, INC.	HOVDEN OIL CO.
DECORAH BANK & TRUST	KAR AUTO GROUP
DON'S SALES & SERVICE	MARTIN FUNERAL HOME
CARSON & CHAUNCY EGGLEND	WAUKON FEED RANCH
CUNNINGHAM HARDWARE & RENTAL LLC	WAUKON STATE BANK
FAMILY TABLE	ZIEGLER CAT
GUNDERSEN HEALTH SYSTEM	

FUNDRAISING SHEET

Thank you for supporting the mentoring mission. Donations benefit youth in Allamakee, Howard, and Winneshiek County.
Each bowler is asked to collect a minimum of \$50.

NAME _____

EMAIL _____ PHONE _____

Sign me up for monthly emails from Helping Services.

*Gifts are tax deductible. All who give \$10 or more will be sent a receipt.
Each donor's postal address is greatly appreciated.*

	DONOR NAME	ADDRESS/CITY/ZIP OR EMAIL	CASH	CHECK
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Check the box if you would like information on becoming a mentor!

TOTAL DONATIONS

Please make out all checks to Youth Mentoring at Helping Services