



Start talking:

What things do you feel you need to do to fit in? Is drinking/smoking/drugs one of them?



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Start talking:

I think the biggest challenge for

(adults, teens, politicians, cops, parents, teachers, etc)

today is

(stress, control, pressure, acceptance, confidence)



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Start talking:

What kind of support do you need to make choices you're proud of?



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Start talking:

How do you cope with emotional or physical pain?



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Start talking:

When you're stressed, what do you do? What do you need?



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Start talking:

What things are you curious about trying?



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Start talking:

What type of person do you respect?



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Start talking:

What is one thing people never talk about but should?



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Start talking:

What is something in your life you wish you had more control over?



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